



Sacred Heart School Cross-Country

Wednesday 22 July 2020

at Petone Recreation Ground (postponement Wednesday 29 July)

Event Outline...

8.30-8.55 – children arrive at school and go to their classroom to have their year number written on their hand

9.00 – All children go to their own class for the Roll

9.10 - Teams line up on the court/Karakia

9.15 - Walk over to Petone Recreation Ground/Gather in Grandstand

9.30 - Team Chants

9.45 - First Race

Race Order:

- Year 1 Girls 450m
- Year 1 Boys 450m
- Year 2 Girls 450m
- Year 2 Boys 450m
- Year 7/8 Girls 3km
- Year 7/8 Boys 3km
- Year 5 Girls, Boys 2km
- Year 6 Girls, Boys 2km
- Year 3 Girls, Boys 1km
- Year 4 Girls, Boys 1km
- P-T-S Challenge (Parent/Teacher/Student)

Results will be recorded for each Year group and gender. The top 4 boys and girls in Year 4-8, will be eligible to compete in the Interschool Cross Country events (see dates below).

We will walk back to school when the event finishes, approximately lunchtime.

On the day...

Your child will **need to wear** to school:

- ✓ School PE Uniform, School jersey & running shoes (+ team colour decorations if possible!)

Your child will **need to bring** to school:

- ✓ Warm layers (eg. jersey, thermal, jacket, beanie, track pants etc.)
- ✓ A packed, healthy, energy filled lunch and **water** bottle (NO energy drinks please)
- ✓ Some spare PE clothes/socks/shoes in a plastic bag (in case they get wet or muddy)
- ✓ A plastic bag for dirty or wet socks/shoes/clothes

Your child **could also bring**:

- Team coloured ribbons/decorations
- A *named* rug (to share with their team!)

We need volunteers!!

Please fill in the attached form if you can:

- ✓ *Help on the day with: setting up (7.45am-8.30am) /marshalling*
- ✓ *Participate in the Parent-Teacher-Student Challenge (We need at least 4-6 runners please!)*

Please check the school website on the day of the event, from 8am to check if it is on or not. We will also send out an alert (so make sure you have the school app on your phone).

The postponement date is Wednesday 29 July

The Cross Country events being held this term are:

- **Sacred Heart Petone**
At Petone Recreation Ground Wednesday 22nd July with postponement date of Wednesday 29th July

Cross Country events for Year 4-8 students that qualify:

- **South West & South East Zone Cross-Country event:**
At Sladden Park. Tuesday 4th August with a postponement date of Thursday 6th August.
- **Inter-zone Cross-Country event:**
At Trentham Memorial Park. Tuesday 18th August with a postponement date of Thursday 20th August.
- **Regional Cross-Country event:**
At Harcourt Park. Tuesday 8th September with a postponement date of Thursday 10th September.

If you have any questions, please ring or talk to one of us at school.

Thanks, Liz McNeill and Fo'i Bell

Please return this form to school by: Friday 26th June

Sacred Heart School Cross Country 2020

I would like to assist on the day of the School Cross Country

Wednesday 22nd July Wednesday 29th July
(please circle the day(s) that you are available to help us)

- Setting up (7.45-8.30am)
 marshalling *(on the course during the event)*

I would like take part in the Parent, Teachers, Students' Challenge

Wednesday 22nd July Wednesday 29th July *(please circle)*

Name: _____

Phone: _____