

**Sacred Heart School Cross-Country**

**Tuesday 18th May**

**at Petone Recreation Ground**

**Event Outline…**

**8.30-8.55** – children arrive at school and go to their classroom to have their year number written on their hand

**9.00** – All children go to their own class for the Roll

**9.10** – Junior teams line up on the court/Karakia

**9.10** – Junior students walk over to Petone Recreation Ground and begin running games

(NB: Junior students Y1-3 will be playing co-operative running games and there will not be a competitive running race event for them)

**9.45** – Senior Teams walk over to Petone Recreation Grounds

**10.00**- (approximate) Team Chants

**10.30 –**(approximate) Senior race events;

**Race Order:**

* Year 4 Girls, Boys 1km
* Year 7/8 Girls, Boys 3km
* Year 5 Girls, Boys 2km
* Year 6 Girls, Boys 2km

Results will be recorded for each Year group and gender. At the cross country event, we will be selecting a team to compete in the South-Western Zone Cross Country event (see dates below).

Junior students will return to school after the Team Chants. Senior students will walk back to school when the event finishes, approximately lunchtime.

**On the day…**

*Your child will* ***need to wear*** *to school:*

* School PE Uniform, School jersey & running shoes *(+ team colour decorations if possible!)*

*Your child will* ***need to bring*** *to school:*

* Warm layers (eg. jersey, thermal, jacket, beanie, track pants etc.)
* A packed, healthy, energy filled lunch and **water** bottle (NO energy drinks please)
* Some spare PE clothes/socks/shoes in a plastic bag (in case they get wet or muddy)
* A plastic bag for dirty or wet socks/shoes/clothes

*Your child* ***could*** *also bring:*

* Team coloured ribbons/decorations
* A *named* rug (to share with their team!)

**We need volunteers!!**

Please fill in the attached form if you can:

* *Help on the day with: setting up (7.45am-8.30am) /marshalling (10.00am-1.00pm)*

Please check the school website on the day of the event, from 8am to check if it is on or not.

We will also send out an alert (so make sure you have the school app on your phone).

**The Cross Country events being held this term are:**

* **Sacred Heart Petone**

At Petone Recreation Ground Wednesday 18th May with no postponement date

**Cross Country events for Year 4-8 students that qualify:**

* **South West (in am) & South East Zone (in pm) Cross-Country event:**

At Sladden Park. Tuesday 25 May, postponement Thursday 27 May

* **Inter-zone Cross-Country event:**

Tuesday 15th June, postponement Tuesday 22nd June

* **Regional Cross-Country event:**

Tuesday 6th July, postponement Thursday 8th July

If you have any questions, please ring or talk to one of us at school.

Thanks, Liz McNeill and Fo’i Bell

**---------------------------------------------------------------------------------------------------------------------------**

**Please return this form to school by: Tuesday 11th May**

**Sacred Heart School Cross Country 2020**

I would like to assist on the day of the School Cross Country **Tuesday 18th May 2021**

*)* Setting up *( 7.45-8.30am)*

marshalling *(on the course during the event approx. 10.00am – 1.00pm)*

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_